



BARRY AND FLORENCE
FRIEDBERG
JEWISH COMMUNITY CENTER

Bereavement Support Groups

Bereavement I: Loss of Spouse/Significant Other

Supportive and informative support group for men and women who have lost a spouse/significant other within the past year.

8 Wednesdays, 3/14-5/2, 10-11 am

8 Mondays, 3/12-4/30, 6:30-7:30 pm

**8 Tuesdays, 3/20-5/8, 10:30-11:30 am
at Congregation Beth Ohr***

Bereavement II: Moving Forward

Monthly social/discussion group for widows and widowers who lost their spouse over a year ago or who have already been in a bereavement group.

**3rd Tuesday of each month, 7:30-9 pm
March 20, April 17, May 16 & June 20**

**Fee: \$15; Members, \$10
(pay at the door)**

Facilitated by Gloria Lebeaux, LCSW

Fee: \$120; Members, \$80

***For more information, Please contact Gloria Lebeaux LCSW,
Director of Social Services, at 516-634-4010 or glebeaux@friedbergjcc.org***

***CONGREGATION BETH OHR, 2550 Centre Ave, Bellmore, NY 11710**



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