



BARRY AND FLORENCE
FRIEDBERG
JEWISH COMMUNITY CENTER

Bereavement Support Groups

Bereavement I:

Loss of Spouse/Significant Other

Supportive and informative support group for men and women who have lost a spouse/significant other within the past year.

**8 Mondays, 1/22-3/19, 10-11 am
or 6:30-7:30 pm**

8 Mondays, 1/8-2/26, 6:30-7:30 pm

**8 Tuesdays, 1/9-2/27, 10:30-11:30 am
at Congregation Beth Ohr***

**8 Wednesdays, 1/24-3/14, 10-11 am
at Congregation Shaaray Shalom****

Bereavement II: Moving Forward

Monthly social/discussion group for widows and widowers who lost their spouse over a year ago or who have already been in a bereavement group.

**3rd Tuesday of each month, 7-8:30 pm
starting Tuesday, January 16**

**Fee: \$15; Members, \$10
(pay at the door)**

Facilitated by Gloria Lebeaux, LCSW

Fee: \$120; Members, \$80

***For more information, Please contact Gloria Lebeaux LCSW,
Director of Social Services, at 516-634-4010 or glebeaux@friedbergjcc.org***

***CONGREGATION BETH OHR, 2550 Centre Ave, Bellmore, NY 11710**

****CONGREGATION SHAARAY SHALOM, 711 Dogwood Ave, West Hempstead, NY 11552**



15 Neil Court, Oceanside, NY 11572
www.friedbergjcc.org · 516-766-4341

