



BARRY AND FLORENCE
FRIEDBERG
JEWISH COMMUNITY CENTER

Bereavement Group

Loss of a Parent for Adult Children

8 Thursdays, October 19 - December 14
(no class 11/23) 6 - 7 pm

When a parent dies, we often lose a best friend and our biggest fan. We also lose the chance to fix or make right what was difficult about the relationship. In this group, we will take the time to share their stories, come to a better understanding of the grief process, find ways to cope with the many losses that come with this one death and remember and honor them.

Fee: \$120; Members, \$80

*To register, contact Gloria Lebeaux, LCSW,
Director of Social Work Services & Partners in Caring
at 516-634-4010 or glebeaux@friedbergjcc.org.*



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