

Bereavement Support Groups



Bereavement I: Loss of Spouse/Significant Other

Supportive and informative support group for men and women who have lost a spouse/significant other within the past year.

8 Tuesdays, 4/25-6/20, 7-8 pm or 8 Mondays, 4/24-6/19, 11 am-12 pm

Bereavement II: Next Step

Continue the conversation. Support group for widows/widowers who have been through an initial loss of spouse bereavement group or have been bereaved over one year.

8 Tuesdays, 4/25-6/20 1-2 pm 8 Thursdays, 4/27-6/22 7:15-8:15 pm

Facilitated by Gloria Lebeaux, LCSW

Fee: \$120; Members, \$80

For more information, Please contact Gloria Lebeaux LCSW, Director of Social Services, at 516-634-4010 or glebeaux@friedbergjcc.org





